

# Food Fights, Puzzles, and Hideouts

Games, projects, and activities that mix in MATH

Marlene Kliman, Valerie Martin, Nuria Jaumot-Pascual





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# Food Fights, Puzzles, and Hideouts

Games, projects, and activities that mix in math

Do you like playing games? building models? eating? talking with friends? running and jumping? exploring and discovering?

If you answered "yes" to any of these, this book is for you. It contains:

### **Games Galore**

All kinds of games: coin, dice, and board; quiet and active; partner and whole group. Play to win or play so everyone wins!

#### **Projects and Crafts**

Build, design, create, and grow with projects and crafts that use everyday materials like paper towel tubes and cardboard boxes.

### Play with Your Food

Ideas to investigate and games to play when you're eating, cooking, or party planning.

#### **Good for Groups**

Icebreakers, party games, challenges, and contests designed for a crowd.

#### Anytime, Anywhere

Activities to do and games to play wherever you are: in the car, on the bus, in a waiting room, or at the dinner table.

#### **Any Year Calendars**

Things to do on familiar holidays (like July 4), less common holidays (like Backward Day) and any day. Includes a bonus set of ideas for celebrating 100 days.

With all the games, projects, and activities in this book, where's the math? It's everywhere: in the strategies you develop when you play the *Name Game* (p. 3), the shapes in the paper tube structures you create with *Build a Hideout* (p. 16), the portion sizes when you play *Food Fight* (p. 31), the distance you go when you participate in *Animal Olympics* (p. 38), the rating you give today's weather when you *Rate It* (p. 52), and the patterns you create with the April calendar (p. 61).

Whether or not you've liked math in the past, once you've dipped into this book, you'll see that it can be part of the things you love to do. So find a game, project, or activity in this book and get started!



#### Why did we write FOOD FIGHTS, PUZZLES, AND HIDEOUTS?

We believe that creativity, play, and socializing are important ingredients in learning just about anything. This book is designed to put those ingredients into learning math.

We started with activities, games, and projects that children do for fun at after-school programs, at public libraries, at school, and at home. We highlighted the inherent math with things to talk about, and sometimes we added a mathematical twist. To ensure that our materials were engaging and enriching, we piloted them in a wide range of "informal" settings (after-school, home, public library) and "formal" programs (academic support, tutoring, school). Independent research showed that children and adults gained math skills, confidence in their math abilities, understanding of the role of math in everyday life, and positive attitudes toward math. To find out more about this research, see http://mixinginmath.terc.edu/aboutMiM/index.php.

FOOD FIGHTS, PUZZLES, AND HIDEOUTS is based on nearly 15 years of development and research funded in part by The National Science Foundation.

#### Who is this book for?

Everyone! It's for children and adults, mathophobes and mathophiles, and parents, teachers, after-school providers, and childcare providers. The games, projects, and activities are geared toward children in the elementary grades, but older children and adults will also enjoy and find challenge in them. Some are perfect for children alone or in small groups; others work well with a larger group at home, at a party, at an after-school program, at school, or just about anywhere!

#### What math is in the book?

The activities, games, and projects in this book span the key topics in the elementary grades Common Core State Standards for Mathematics. See pages 71-77 for more detail. Many of the ideas in this book are interdisciplinary, including topics in engineering, science, social studies, and literacy.

#### Thank you!

The authors of the book, Marlene Kliman, Valerie Martin, and Nuria Jaumot-Pascual, are very grateful to Martha Merson and Lily Ko at TERC for their contributions, to our external evaluators who have provided us with evidence-based insights (Char Associates, Miller-Midzik Research Associates, and Program Evaluation Research Group), to Laura DeSantis for amazing images, and to the many after-school providers, librarians, parents, and children who have collaborated with us over the years. We extend our appreciation to TERC for providing a home for our MIXING IN MATH projects. Marlene would like to thank her daughters Clara and Chloe for helping her mix in math from the start and for providing a reality check on math at home.



more than one player.

# Making the most of FOOD FIGHTS, PUZZLES, AND HIDEOUTS

**Estimation Station Challenge** 

This book contains hundreds of games, activities, and projects, including variations and calendar ideas. You can do them in any order.

Look for the information below in each game, project, and activity.

M+++

Level. Each is marked with one or more of "Easy," "Medium," and "Hard." Some people use these levels as a starting point: Kindergarteners and first graders might start with "Easy;" fourth and fifth graders with "Hard." Other people prefer to start with "Easy" for almost any age and then move up as needed, since abilities at different ages vary widely.

**Note:** Levels that only appear in Variations are in parentheses.

#### How do you estimate? Use what you know about one cup to find how many in the other. Make two mystery cups Level: Hard Follow steps 1 and 2 from Estimation Station. Put the larger Group size: 2 or more (to make objects in Cup 1 and the smaller in Cup 2. and trade cups) Materials (per two cups): two clear plastic cups the same size two rubber bands Group size. Some projects two sheets of plastic wrap and activities can be done objects that come in two sizes (pompoms, pasta shells): larger so that about 20-40 fill the cup. alone; others are best done with a group. Games require 2 Trade cups and smaller so that at least 100 fill the cup Say how many are in Cup 1. The other person estimates how many are in Cup 2. Cup 1 has 30.1 estimate 60 in Cup 2 because the pompoms are smaller. Materials. Some involve no materials; others rely on common household materials. Talk About Does Cup 2 have about twice as many as Cup 1? about 10 times as many? 180. I did length times I think Cup 2 has 150 width then I multiplied because one big equals Talk About. Offers that by height. about five small ones. ideas on things to talk over or think about.



#### About the Authors

Marlene Kliman, Senior Scientist and Director of the MIXING IN MATH group at TERC, brings 30 years experience developing research-based resources for children's math learning in and out of school. A Principal Investigator of out-of-school math projects funded by The National Science Foundation, she has collaborated with a wide range of educational organizations including after-school programs, public libraries, and family literacy centers. She formerly taught math to pre-service elementary grades teachers at Lesley University. Marlene completed her undergraduate studies in mathematics at Harvard and her graduate studies in learning and epistemology at MIT.

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