



1 With a partner, choose your role...



The Narrator

Close your eyes.

Feel yourself grounded in the moment.

Open your ears up to what you can hear.

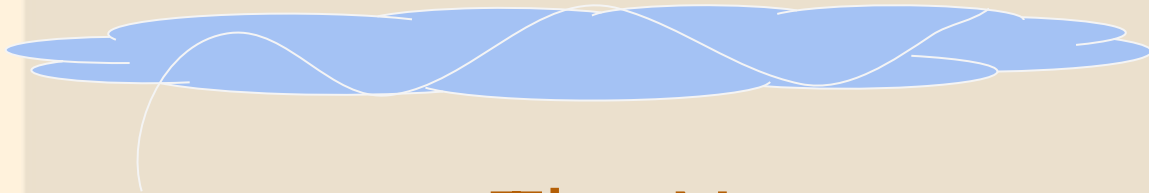
Begin to describe the **present soundscape** to The Artist.



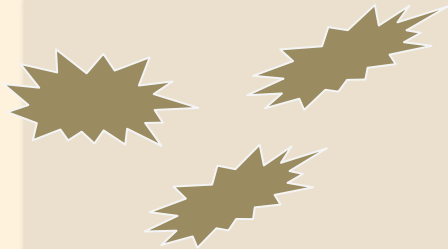
The Artist

Listen to The Narrator, illustrate their vision on paper. Use a variety of mark-making tools and techniques.

Interpret their description with color, shape, and texture.



The Narrator, you may hear a **bicycle**, but what does that sound **LOOK** like, interpret the sound to The Artist. Is it bumpy? Wavy? Blue? Long?



The Artist, you may be told
there's a **bird**, but what does
that sound **LOOK** like, interpret
the sound on paper. Is it little?
Sharp? Brown? Repetitive?

Title:

Date:

The Narrator:

The Artist:

Questions for The Narrator

☐ What was it like to be present? Were you able to focus?

☐ What do you think of the drawings?

☐ How are they similar to what you imagined?

☐ How are they different to what you imagined?

Questions for The Artist

☐ What was it like to listen to someone else describe sound?

☐ What do you think of the drawings?

☐ Were you able to focus only on what they were saying?

☐ Were you also listening to the soundscape? Did it influence your drawings?

Remember to add the
names of both
collaborators and the date
on the work of art!



What should the work of art be
titled?

2 Now, switch roles...



The Narrator

Close your eyes.
Feel yourself grounded in the moment.
Open your ears up to what you can hear.

Begin to describe the **present soundscape** to The Artist.



The Artist

Listen to The Narrator, illustrate their vision on paper. Use a variety of mark-making tools and techniques.

Interpret their description with color, shape, and texture.

Title:

Date:

The Narrator:

The Artist:

Questions for The Narrator

☐ What was it like to be present? Were you able to focus?

☐ What do you think of the drawings?

☐ How are they similar to what you imagined?

☐ How are they different to what you imagined?

Questions for The Artist

☐ What was it like to listen to someone else describe sound?

☐ What do you think of the drawings?

☐ Were you able to focus only on what they were saying?

☐ Were you also listening to the soundscape? Did it influence your drawings?

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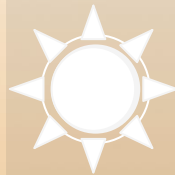
What should the work of art be
titled?

Resonators...



Deep listening

Actively engaging in the experience of your present soundscape. Being focused on this sense.



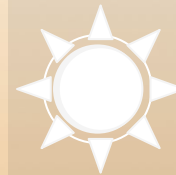
Awareness

Recognizing our involvement in the soundscape.



Creativity

Interpretation of sound through art. Seeing sound visually.



Well-Being

Using sound as a grounding with your body. Using partner activity and communication to connect through shared experience.